

# 1st Boys and 1st Girls Sub Juniors, Juniors and 1st Masters Andhra Pradesh State Inter District Power Lifting Championship

held on 29th & 30th November at Jaggayyapeta, Krishna District

Place	Name	District	Body Weight	Squat	Bench Press	Dead Lift	Total	Point
<b>RESULTS</b>								
<b>SUB JUNIOR EQUIPPED-BOYS</b>								
<b>53kgs</b>								
1)	U.Praveen	Krishna	53	135	70	170	375	12
2)	V.Lokesh	Krishna	49.1	132.5	65	145	342.5	9
3)	SK.Mohammad Gouse	Guntur	52	115	80	140	335	8
<b>59kgs</b>								
1)	S.Gopi	Krishna	59	140	85	170	395	12
2)	M.Srinu	Visakha	59	120	90	150	360	9
3)	M.VIJay kumar	Visakha	58	140	70	145	335	8
<b>66kgs</b>								
1)	K.Rakesh Babu	E.G	63.1	120	80	180	380	12
2)	K.Prasanth	Visakha	65	130	65	155	350	9
3)	S.V.K.Chaitanya	Visakha	66	110	70	155	335	8
<b>74kgs</b>								
1)	P.Subba Reddy	Prakasam	69.6	170	95	202.5	467.5	12
2)	K.kiran kumar	Visakha	71	170	102.5	192.5	465	9
3)	T.Parvateswam	Y.S.R kadapa	71	110	67.5	140	317.5	8
<b>83kgs</b>								
1)	P.Prudhivi raju	Prakasam	74.2	160	95	175	430	12
2)	K.Ramu	SKLM	75.4	160	97.5	170	427.5	9
3)	D.Rahul Ratnakar	Prakasam	79.6	145	60	150	355	8
<b>93kgs</b>								
1)	S.Venkata Ratnakou	E.G	87.4	210	130	200	540	12
2)	SK. Khalid	Visakha	92	185	90	185	460	9
3)	K.Prabhu Dev	prakasam	87.4	140	100	170	410	8
<b>105 Kgs</b>								
1	M. Ajay Kumar	Prakasam	95.4	200	95	220	515	12

2	K. Prabhu Kumar	Krishna	104	190	77.5	205	472.5	9
<b>120 Kgs</b>								
1	M. Charan Sai	Prakasam	111.1	185	80	200	465	9
<b>SUB JUNIOR EQUIPPED-GIRLS</b>								
<b>44 Kgs</b>								
1	A. Ramadevi	Visakha	42.1	50	27.5	72.5	150	12
2	P. Ramani	Visakha	39	45	25	70	140	9
3	P. Divya	Visakha	43.5	35	25	70	130	8
<b>47 Kgs</b>								
1	K. Satyavathi	Visakha	46	50	27.5	82.5	160	12
<b>52 Kgs</b>								
1	S. Rajeswari	Visakha	47.1	50	22.5	80	152.5	12
2	K. Mrudula	Krishna	52	35	25	80	140	9
<b>57 Kgs</b>								
1	Neelaveni	Visakha	57	62.5	32.5	85	180	12
2	K. Swarnalatha	Krishna	54	40	30	80	150	9
<b>72 Kgs</b>								
1	K.L. Prasanna	Krishna	72	55	30	90	175	12
<b>JUNIOR EQUIPPED - BOYS</b>								
<b>53 Kgs</b>								
1)	Y. Satish kumar	Srikakulam	53	130	70	155	355	12
2)	P.Satish	Visakha	53	115	60	125	300	9
3)	V.Chaitanya	VZM	53	85	50	105	240	8
<b>59kgs</b>								
1)	S.S.M.Lava kumar	Guntur	59	150	70	172.5	392.5	12
2)	SK. Ansar	Guntur	58	120	77.5	170	367.5	9
3)	MD.Javeed	Visakha	59	82.5	60	110	252.5	8
<b>66kgs</b>								
1)	Y.Kumar	Visakha	65	235	115	205	555	12
2)	K.Narayana Rao	Visakha	65	210	115	207.5	532.5	9
3)	K.Raju	Prakasam	66	192.5	112.5	212	517.5	8
<b>74kgs</b>								
1)	I.Dhana Murthy	Krishna	71.4	217.5	95	237.5	550	12

2)	M.Shiva Prasad	E.G	74	200	115	195	510	9
3)	K.Kiran kumar	Visakha	71	170	102.5	192.5	465	8
<b>83kgs</b>								
1)	G.Satish	Visakha	82	270	160	235	665	12
2)	A.Praveen kumar	Visakha	81.5	160	85	180	425	9
3)	G.Sri Bharani Nehru	E.G	82	155	90	160	405	8
<b>93kgs</b>								
1)	R.Arun sai kumar	Visakha	93	212.5	97.5	235	545	12
2)	P.Rajesh	Prakasam	86.5	205	122.5	185	512.5	9
3)	D.V.S.S.Chaitanya	Krishna	88	190	110	200	500	8
<b>105 Kgs</b>								
1	M. Sridhar	Visakha	93.1	250	120	210	580	12
2	M. Srikanth Babu	Prakasam	98	215	85	210	510	9
3	V. Vidya Sagar	Krishna	93.1	140	70	190	400	8
<b>120 Kgs</b>								
1	Ch. Mahesh	Krishna	118	295	135	270	700	12
2	Shaik Subhani	Guntur	110.2	240	95	200	535	9
1	Y.V. Charankumar	Guntur	120.4	165	65	170	400	12
2	K. Raja Ratnam	Visakha	121.5	160	65	162.5	387.5	9
<b>JUNIOR EQUIPPED-GIRLS</b>								
<b>44 Kgs</b>								
1	K. Mounika	Krishna	43.5	55	25	90	170	12
<b>47 Kgs</b>								
1	M. Bhagyalakshmi	Prakasam	46.5	125	40	130	295	12
2	T. Sweta Rani	Visakha	45	45	22.5	70	137.5	9
<b>52 Kgs</b>								
1	A. Revathi Supriya	Visakha	51	50	27.5	70	147.5	12
<b>57 Kgs</b>								
1	I. Roja Rani	YSR Kadapa	53.7	70	25	85	180	12
2	S. Sai Durga	Visakha	56.5	60	25	70	155	9
<b>63 Kgs</b>								
1	Shaik Nageena	Guntur	63	170	55	150	375	12

2	P. Kumari	Prakasam	59	80	37.5	102.5	220	9
3	P. Anitha	Guntur	62.6	70	25	95	190	8
<b>72 Kgs</b>								
1	M. Saloni	Guntur	71	160	50	155	365	12
2	Ch. Kalpana	Krishna	69.8	100	50	135	285	9
3	T. Sravya	Krishna	72	70	30	100	200	8
<b>84 Kgs</b>								
1	D. Anushagoud	Krishna	84	167.5	57.5	140	365	12
2	B. Chandrika	Guntur	82	170	50	140	360	9
3	G. Hemalatha	Krishna	82	170	30	115	215	8
1	K. Siromani	Krishna	87	200	75	190	465	12
2	Y. Rohini	Visakha	84.1	50	32.5	80	162.5	9

### Juniors Unequipped - Boys

<b>53 Kgs</b>								
1	Y. Satish Kumar	Srikakulam	57	120	75	160	355	12
	Sk. Md. Gouse	Guntur	52	110	90	145	345	9
	D. Rajesh Babu	Krishna	52	110	67.5	160	337.5	8
<b>59 Kgs</b>								
	Sk. Ansar	Guntur	58	125	70	170	365	12
	A. Chinrajeevi Reddy	Prakasam	57.5	105	55	152.5	312.5	9
	P. Kalyan	Kadapa	55	80	55	125	360	8
<b>66 Kgs</b>								
	K. Narayana Rao	Visakha	66	170	110	190	470	12
	K. Raju	Prakasam	66	155	105	192.5	452.5	9
	Y. Kumar	Visakha	65	170	95	180	445	8
<b>74 Kgs</b>								
	M. Shiva Prasada Rao	E.G.	74	175	117.5	185	477.5	12
	R. Durga Srinivas	E.G.	69.5	160	110	180	450	9
	K. Kiran Kumar	Visakha	70	165	95	180	440	8
<b>83 Kgs</b>								
	G. Satish	Visakha	83	180	135	230	545	12
	P. Durga Vara Prasad	E.G.	82	185	110	190	485	9

	N. Edukondalu	Krishna	75	140	70	210	420	8
<b>93 Kgs</b>								
	Sk. Emam Vali	Prakasam	93	225	135	270	630	12
	K. Swamy Naveen	E,G,	89.5	190	115	190	495	9
	R. Arun Sai Kumar	Visakha	90	170	95	222.5	487.5	8
<b>105 Kgs</b>								
	N. Sridhar	Visakha	93.5	205	117.5	217.5	540	12
	M. Srikanth Babu	Prakasam	98	182.5	90	227.5	495	9
	M. Ajay Kumar	Prakasam	97.5	170	100	222.5	492.5	8
<b>120 Kgs</b>								
	Ch. Mahesh	Prakasam	118	235	110	265	610	12
	Shaik Subani	Guntur	117	210	92.5	205	507.5	9
	D. Siddaiah	Prakasam	112	195	100	195	490	8
<b>JUNIOR UNEQUIPPED-GIRLS</b>								
<b>44 Kgs</b>								
1	A. Sirisha	Krishna	41	35	25	80	140	12
2	K. Mounika	Krishna	47.5	40	20	80	140	9
3	S. Pushpa	Krishna	40	40	22.5	75	137.5	8
<b>47 Kgs</b>								
1	M. Bhagyalakshmi	Prakasam	46.5	40	100	100	240	12
2	G. Hemalatha	Visakha	47	52.5	27.5	60	140	9
3	B. Mounika	Krishna	46	30	20	75	125	8
<b>52 Kgs</b>								
1	B. Bhagyalakshmi	Visakha	49	65	27.5	92.5	185	12
2	Ch. Santhipriya	E.G.	51.5	50	35	95	180	9
3	A. Anusha	Krishna	49	47.5	27.5	85	160	8
<b>57 Kgs</b>								
1	I. Roja Rani	Y.S.R. Kadapa	53.7	55	27.5	85	167.5	12
2	E. Durga	Visakha	54	50	25	70	145	9
3	K. Sailaja	Visakha	54	45	22.5	77.5	145	8
<b>63 Kgs</b>								
1	P. Kumari	Prakasam	59.5	75	37.5	105	217.5	12
2	R. Ramya	Visakha	63	72.5	40	100	212.5	9

3	P. Anitha	Guntur	67	70	70	80	180	8
<b>72 Kgs</b>								
1	Ch. Kalpana	Krishna	68.6	80	45	130	255	12
2	K. Kanaka Mahalakshmi	Visakha	67	70	35	110	215	9
3	T. Sravya	Krishna	72	55	30	95	180	8
<b>84 Kgs</b>								
1	B. Chandrika	Guntur	82	100	50	130	280	12
2	M. Gowthami	Visakha	72.5	85	35	120	240	9
3	M. Kavitha	Krishna	79.1	60	20	80	160	8
<b>MASTERS 40 YEARS ABOVE</b>								
<b>59 Kgs</b>								
1	D. Sivarama Murthy	Visakha	59	135	77.5	150	362.5	12
2	Ch. Mohana Rao	Krishna	50	75	50	90	215	9
<b>66 Kgs</b>								
	B.V. Rama Krishna	Visakha	66	160	90	180	430	12
<b>74 Kgs</b>								
1	G. Rambabu	E.G.	68.5	145	115	185	445	12
2	P. Seshagiri Rao	Visakha	74	145	95	170	410	9
3	K. Pandu Ranga Rao	Krishna	68.9	120	70	150	340	8
<b>83 Kgs</b>								
1	G. Venkateswarulu	Krishna	83	240	140	260	640	12
2	N. Subbarayudu	Guntur	74.3	200	110	170	480	9
3	D. Sherrak	Krishna	74.5	140	70	190	400	8
<b>93 Kgs</b>								
1	Dr. Bala Govind Tivari	YSR Kadpa	85.1	205	140	200	545	12
2	T. Varaprasad	Krishna	84.3	165	85	165	415	9
3	I. Sessa Kumar	Guntur	83.3	130	85	115	370	8
<b>105 Kgs</b>								
1	K. Babu Rao	Krishna	93.5	150	80	180	410	12
2	P. Vijaya Kumar	Krishna	105	115	70	140	325	9
3	I. Varalu	Krishna	103.2	100	80	130	310	8
<b>Masters 50 years above</b>								
1	V. Appa Rao	Visakha	58.9	110	60	145	315	12

74 Kgs+50								
1	M. Bhaskar Rao	Visakha	73.2	190	110	165	465	12
2	B. Ramu	Visakha	68.1	135	75	145	355	9
3	V. Bhimeswara Rao	Krishna	67.6	85	82.5	11.5	282.5	8
83 Kgs + 50								
1	D.V.V. Satyanarayana	E.G.	77	190	100	190	480	12
2	T.V. Srinivas	E.G.	76.9	115	82.5	130	327.5	9
93 Kgs + 50								
1	E. Sanyasi Rao	Visakha	91.5	150	90	160	400	12
2	M. Ratna Bhushan	Krishna	92.5	90	70	120	280	9
105 Kgs + 50								
1	R. Narasimha Rao	Visakha	94.6	155	90	165	410	12
120 Kgs + 50								
1	V. Dasaradha	Krishna	116.2	150	75	140	366	12
MASTERS (+60 years)								
59 Kgs								
1	Sk. Chinna Meera Saheb	Krishna	47.5	65	35	180	80	12
1st Boys and 1st Girls Sub Juniors, Juniors and 1st Masters Andhra Pradesh State Inter District Power Lifting Championship held on 29th & 30th November at Jaggayyapeta, Krishna District								
	<b>Officials</b>							
1	P. Mallesha	Hyderabad						
2	M. Prabhakar Rao	Visakhapatnam						
3	S.Koteswara Rao	Visakhapatnam						
4	P.V.Sanjeev	Visakhapatnam						
5	Ch. Seshu babu	Visakhapatnam						
6	G.Santhosh kumar	Visakhapatnam						
7	R.Rajesh	Visakhapatnam						
8	Pulleswara Rao	Guntur						
9	M. Bhaskar Rao	Visakhapatnam						
10	D.V.V.Satya Narayana	Rajahmundry						

11	Bakath Druvdu	Prakasam					
12	H.Ganesh	Visakhapatnam					
13	K.T.Trinadha Rao	Visakhapatnam					
14	G.L.V. Nagaraju	Visakhapatnam					
15	Y.Srinivas Rao	Visakhapatnam					
<b>TEAM CHAMPIONSHIP</b>							
<b>Sub Junior Equipped Team Championship - Boys</b>							
<b>Winners</b>		Prakasam	61 Point				
<b>Runners</b>		Visakha	52 Points				
<b>Sub Junior Equipped Team Championship - Girls</b>							
<b>Winners</b>		Visakha	54 Points				
<b>Runners</b>		Krishna	33 Points				
<b>Junior Equipped Team Championship - Boys</b>							
<b>Winners</b>		Visakha	97 Points				
<b>Runners</b>		Krishna	61 Points				
<b>Junior Equipped Team Championship - Girls</b>							
<b>Winners</b>		Krishna	53 Points				
<b>Runners</b>		Visakha	42 Points				
Masters Winners		Visakha	69 Points				
Masters Runners		Krishna	54 Points				
Sub Junior Strongmen		U. Praveen	Krishna	460			
Sub Junior Strong women		K. Mounika	Krishna	241.19			
Juniors Strongmen		G. Satish	Visakha	600.36			
Juniors Strong Women		K. Siromani	Krishna	407.75			
Masters Strong man		G. Venkateswarulu	Krishna				